



Steak 'n Shake Ingredient and Allergen List

FOOD ALLERGEN WARNING: Our restaurants prepare and serve products that contain Peanuts, Tree Nuts, Wheat, Soy, Milk, Egg, and Fish. To ensure our guest's safety we cannot guarantee any of our products are free of these allergens.

Eating raw or undercooked meats, poultry or eggs may increase your risk of foodborne illness. To ensure our guest do not incur such a risk, we cannot cook STEAKBURGER™ patties rare or medium rare. Thank you for your understanding.

While a particular ingredient statement for an individual product may not list one of these allergens, our products may be prepared in an environment that is shared with products containing one or more of these allergens. Accordingly, Steak 'n Shake cannot assure that any menu item will be "allergen free."

Neither Steak 'n Shake, its franchisees, its suppliers nor its employees assume any responsibility for sensitivity or allergy to any food product or ingredient provided by or in our restaurants.

Anyone with any food sensitivity, allergies, special dietary needs, or specific dietary inquiries and/or concerns should consult a medical professional of their own selection regarding the suitability of our food products and/or ingredients, and should regularly review the information contained at www.steaknshake.com for content updates. **This information is correct as of August 21, 2019.**

STEAKBURGERS™

Original Steakhburgers™ (Single, Double, Triple)

Steakhburgers and Regular Bun.

Contains: wheat, milk, soy

Original Steakhburgers™ with Cheese (Single, Double, Triple)

Steakhburgers, American Cheese, and Regular Bun.

Contains: wheat, milk, soy

Bacon 'n Cheese Steakburger™ (Single, Double)

Steakburger, Regular Bun, American Cheese, and Bacon.

Contains: wheat, milk, soy

Bacon Lovers Double Steakburger™

Steakhburgers, Knotted Bun, American Cheese, Hardwood Smoked Bacon, Ketchup, Mayonnaise, and Savory Seasoning.

Contains: wheat, soy, milk, eggs. May contain tree nuts

Cajun Steakburger™

Steakhburgers, Cajun Seasoning, Knotted Bun, American Cheese, and Cajun Sassy Sauce.

Contains: milk, eggs, hydrolyzed soy protein, MSG

Garlic Double Steakburger™

Steakhburgers, Buttered Knotted Bun, American Cheese, Garlic Spread, Garlic Salt, and Savory Seasoning.

Contains: wheat, milk, soy, eggs

Grilled Portobello 'n Swiss Steakburger™

Steakhburgers, Knotted Bun, Swiss Cheese, Fresh Portobello Mushrooms, Caramelized Onions, Savory Seasoning, Garlic Mayo, and Liquid Margarine.

Contains: wheat, milk, soy, eggs

Jalapeno Crunch Double Steakburger™

Steakhburgers, Knotted Bun, Pepper Jack Cheese, Crispy Onions, Salsa, Pickled Jalapeno, Chipotle Sauce and Savory Seasoning.

Contains: wheat, milk, soy, eggs



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Prime Steakburger™

Steakburger, Brioche Bun, American Cheese, Iceberg Lettuce, Tomato, Onion, Pickles, and Savory Seasoning.

Contains: wheat, milk, soy, eggs

Frisco Prime Steakburger™

Steakburger, Brioche Bun, Tomatoes, Frisco Sauce, Swiss Cheese (Tillamook), Lettuce, Sharp Cheddar Cheese, and Savory Seasoning.

Contains: wheat, milk and eggs

White Truffle Prime Steakburger™

Steakburger, Brioche Bun, Swiss Cheese (Tillamook), Truffle Aioli, Caramelized Onion, Mushrooms, and Savory Seasoning.

Contains: wheat, milk, soy, eggs

Royale Steakburger®

Steakburgers, Knotted Bun, Farm-Fresh Egg, American Cheese, Bacon, Tomato, Lettuce, Reduced Calorie Mayonnaise, Liquid Margarine, and Savory Seasoning.

Contains: wheat, soy, milk, eggs

7x7 Steakburger™

Steakburgers, Regular Bun, American Cheese, and Savory Seasoning.

Contains: wheat, milk, soy

Western BBQ 'n Bacon Steakburger™

Steakburgers, Knotted Bun, American Cheese, Bacon, Crispy Onions, BBQ Sauce and Savory Seasoning.

Contains: wheat, milk, soy

Butter Steakburger™

Steakburgers, Knotted Bun, American Cheese, Caramelized Onions, Butter, Liquid Margarine, and Savory Seasoning.

Contains: wheat, milk, soy

CLASSIC MELTS

Frisco Melt

Steakburgers, Sourdough Bread, American Cheese, Swiss Cheese, Frisco Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Patty Melt

Steakburgers, Rye Bread, American Cheese, Grilled Onions, and Liquid Margarine.

Contains: wheat, soy, milk

STEAK FRANKS

Steak Frank

All Beef Steak Frank, Bun, Mustard, Ketchup, and Relish (if requested).

Contains: wheat, soy (bun)

Chili Cheese Steak Frank

All Beef Steak Frank, Bun, Genuine Chili, Cheddar-Jack Cheese, and Onion.

Contains: wheat, soy (bun and lecithin from chili), milk

SANDWICHES

Chicken Fingers 'n Fries

Fried Chicken Fingers, French Fries, and Choice of Sauce – BBQ, Honey Mustard, Ranch, Chipotle, or Buffalo.

Contains: wheat, milk, (Sauces – refer to individual dressing/sauce for ingredients)



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Chicken Bites 'n Fries

Fried Chicken Bites, French Fries, and Choice of Sauce – BBQ, Honey Mustard, Ranch, Chipotle, or Buffalo.

Contains: wheat, milk, (Sauces – refer to individual dressing/sauce for ingredients)

Fish Sandwich:

Fried Fish Filet, Bun, Tartar Sauce and Lettuce.

Contains: wheat, soy, milk, egg

Fish Platter:

Fried Fish Filet, Tartar Sauce and French Fries.

Contains: wheat, soy, milk egg

Grilled Cheese

Sourdough Bread, American Cheese, and Liquid Margarine.

Contains: wheat, soy, milk

Grilled Chicken Sandwich

Grilled Chicken Fillet, Knotted Bun, Tomato, Lettuce, Mayonnaise, and Liquid Margarine.

Contains: wheat, soy, eggs

Spicy Chicken Sandwich

Fried Spicy Chicken Fillet, Knotted Bun, Tomato, Lettuce, and Mayonnaise.

Contains: wheat, soy, eggs, milk

STEAKBURGER™ AND SANDWICH COMPONENTS

Meat, Poultry, Fish

Steakburger™

100% pure beef patty.

All Beef Steak Franks

Beef, Water, Salt, Less than 2% of the following: Flavorings, Potassium Lactate, Sorbitol, Sodium Phosphate, Sodium Diacetate, Paprika, Sodium Erythorbate, and Sodium Nitrate.

Sugar Creek Applewood Smoked Bacon

Bacon (Cured with Water, Sugar, Salt, Smoke Flavoring, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).

Chicken, Spicy Fillet

Chicken Breast Fillets with Rib Meat, Water, Salt, Sodium Phosphates, Gum Arabic, Spices, Paprika, Spice Extractives and Extractives of Paprika. Battered with Water, Wheat Flour, Modified Corn Starch, Salt, Spices, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Extractives of Paprika, Garlic Powder, and Natural Flavor. Breaded with Wheat Flour, Salt, Spices, Garlic Powder, Extractive of Paprika, less than 2% Silicon Dioxide (anticaking agent). Predusted with Wheat Flour, Wheat Gluten, Salt, Spices, Egg White Solids, and Spice Extractives. Breading set in Vegetable Oil.

Contains: egg, wheat

Chicken, Grilled Fillet

Chicken Breast with Rib Meat, Water, Seasoning (Sugar, Salt, Modified Corn Starch, Autolyzed Yeast Extract, Dried Onion, Dried Yeast, Spices, Dried Garlic, Paprika, Disodium Inosinate, Disodium Guanylate, Hydrolyzed Soy Protein, Soybean Oil, Natural Flavors, Chicken Flavor, Hydrolyzed Corn Protein, Chicken Fat), Rice Starch, and Sodium Phosphates.

Contains: soy

Chicken Fingers

Chicken Breast Tenderloins, containing up to 11% of solution of Water, Salt, Sodium Phosphates. Breaded with Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamine Mononitrate [Vitamin



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B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Soybean Oil, Paprika, Spices. Battered with Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Buttermilk Solids, Spices, Salt, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Flavor (Spice Extractive, Gum Arabic), and Guar Gum. Breading set in Vegetable Oil (Corn Oil and/or Soybean Oil).

Contains: wheat, milk, soy

Chicken Bites

Containing up to 11% of a Solution of Water, Salt, and Sodium Phosphates. **Breaded with:** Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate) Soybean Oil, Paprika, Spices

Battered with: Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Butter Milk Solids, Spices, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Flavor (Spice Extractive, Gum Arabic), Guar Gum. **Pre-dusted with:** Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Soybean Oil, Paprika, Spices. Breading Set in Vegetable Oil.

Contains: Wheat, Milk

BUNS AND BREADS

Bread, Rye

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Rye Flour, Yeast, Salt, High Fructose Corn Syrup, Corn Syrup, Wheat Gluten, Soybean Oil, Sugar, Caraway (Ground and Seeds), Cornmeal, Wheat Gluten, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Soy Lecithin, Calcium Propionate and Potassium Sorbate (to retain freshness), Contains 2% or less of the following: Wheat Starch, Acetic Acid, Vinegar, Yeast Nutrients (Calcium Sulfate, Ammonium Phosphate, Ammonium Chloride), Fumaric Acid, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Niacin, Ferrous Sulfate (Iron), Monocalcium, Phosphoric Acid, Xanthan Gum, Lactic Acid, Thiamine Hydrochloride, Enzymes, Riboflavin, Folic Acid, Natural Flavors, Onion Powder, and Corn Starch.

Contains: wheat, soy

Bread, Sourdough

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Yeast, High Fructose Syrup, Contains 2% or less of the following: Soybean Oil, Sugar, Salt, Fumaric Acid, Vinegar, Malic Acid, Lactic Acid, Acetic Acid, Sodium Diacetate, Tricalcium Phosphate, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine Hydrochloride, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Tricalcium Phosphate, Calcium Salts, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Soy Lecithin, Corn Starch, Xanthan Gum, Enzymes, Thiamine Hydrochloride, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy

Bread, Wheat

Enriched Bleached Wheat Flour (Wheat Flour Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Whole Wheat Flour, Wheat Bran, Yeast, High Fructose Corn Syrup, Honey, Wheat Gluten, Rye Flour, Contains 2% or less of the following: Soybean Oil, Salt, Molasses, Vinegar, Cultured Wheat Flour, Butter (Milk), Malt Extract (Corn and Barley), Dough Conditioners (Sodium Stearoyl Lactylate, Ascorbic Acid, Azodicarbonamide, DATEM, Mono and Diglycerides, Calcium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Calcium Iodate, Ethoxylated Mono- and Diglycerides), Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate), Caramel Color, Enzymes, Soy Flour, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy, milk

Bun, Brioche

Enriched Flour (Wheat, Malted Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Flour (Wheat, Malted Barley), Sugar, Yeast, Palm Oil, Wheat Gluten, Salt, Contains Less Than 2% of Each of the Following: Cultured Wheat, Vinegar, Natural Flavors, Soybean Oil, Guar Gum, Enzymes, Ascorbic Acid, Corn Flour,



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Coloring (Turmeric, Paprika), Dextrose, Corn Starch, and Topping (Water, Pea Protein, Dextrose, Maltodextrin, Modified Food Starch).

Contains: wheat

Bun, Steakburger™

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Sodium Stearoyl Lactylate), Malt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (to retain freshness), Soy Lecithin, Soy Flour, Whey, Enzymes, and Calcium Dioxide.

Contains: wheat, soy, milk

Bun, Knotted

Wheat Flour, Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Wheat Gluten, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Azodicarbonamide), Corn Starch, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Calcium Propionate (preservative), and Wheat Starch.

Contains: wheat, soy

Bun, Steak Franks

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Vegetable Oil (Soybean Oil or Canola Oil), Yeast, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono and Diglycerides, Sodium Stearoyl Lactylate, Calcium Stearoyl-2 Lactylate, Ascorbic Acid, Calcium Peroxide, Polysorbate 60, Azodicarbonamide, DATEM), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Soy Flour, Soy Lecithin, Corn Starch, Calcium, and Calcium Propionate (to retain freshness).

Contains: wheat, soy

CHEESE AND CHEESE SAUCE

Cheese, American

Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (preservative), Citric Acid, Color Added, Acetic Acid, Enzymes, Soy Lecithin.

Contains: milk, soy

Cheese, Cheddar Sauce

Water, Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto Color), Partially Hydrogenated Soybean Oil, Corn Starch-Modified, Nonfat Dry Milk, Contains 2% or less of Sodium Phosphate, Salt, Casein, Corn Starch, Sodium Citrate, Whey, Acetic Acid, Cellulose Gum, Monoglycerides, Parmesan Cheese (Milk, Cultures, Salt, Enzymes), Yeast Extract, Citric Acid, Lactic Acid, Spice (Mustard Flour), Natural Flavors (typically found naturally occurring in cheese and other dairy products), Bleu Cheese (Milk, Cultures, Salt, Enzymes), Swiss Cheese (Milk, Cultures, Salt, Enzymes), Annatto Color, Maltodextrin, Whey Protein Concentrate, Cream, Yellow No. 6, Caramel Color, and Butter Oil.

Contains: milk

Cheese, Colby Jack

Pasteurized Milk, Cheese Culture, Salt, Enzymes, and Annatto (Color).

Contains: milk

Cheese, Monterrey Jack

Cultured Pasteurized Milk, Salt, Enzymes, Potato Starch and Powdered Cellulose (added to prevent caking) and Natamycin (a natural mold inhibitor).

Contains: milk

Cheese, Pepper Jack

Cultured Milk, Water, Sodium Citrate, Cream, Salt, Jalapeno Puree, Sorbic Acid (preservative), Sodium Pyrophosphate, Jalapeno Peppers*, Natural Flavor, Red Bell Peppers*, Soy Lecithin, Enzymes, and Calcium Chloride. *Dried

Contains: milk, soy



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Cheese, Swiss

Cultured Milk, Salt, Enzymes, and Powdered Cellulose (to prevent caking). Aged over 60 days.

Contains: milk

Cheese, Wisconsin Cheddar

Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color, Potato Starch, Powdered Cellulose added to prevent caking, and Natamycin (a natural mold inhibitor).

Contains: milk

SAUCES AND DRESSINGS

Cajun Seasoning

Salt, Spices (including black, red, white pepper), Paprika, Garlic Powder, Onion Powder, Hydrolyzed Soy Protein, Monosodium Glutamate, Natural Flavors, Soybean Oil (as processing aid), Fractionated Coconut Oil, Corn Syrup Solids, Lemon Juice Solids, Not More Than 20% Calcium Silicate Added to Prevent Caking.

Contains: hydrolyzed soy protein, MSG

Cajun Sassy Sauce

Soybean Oil, Vinegar, Water, Egg Yolk, Salt, Chili Garlic Sauce (aged cayenne pepper, water, red bell pepper, garlic, chili de arbol pepper, vinegar, salt, potassium sorbate, sodium Metabisulfite), Buttermilk Solids, Contains Less Than 2% of: Spices, Chipotle in Adobo (water, chipotle pepper, tomato paste, vinegar, salt, oleoresin paprika, natural flavor, oleoresin capsicum), Salt, Potassium Sorbate, Sodium Benzoate and Calcium Disodium EDTA (as preservatives), Garlic, Onion, Red Bell Pepper, Natural Flavor, Xanthan Gum, Paprika, Polysorbate 60, and Yeast Extract.

Contains: eggs

Creamy Peppercorn Sauce

Soybean Oil, Water, Vinegar, Egg Yolk, High Fructose Corn Syrup, Sugar, Contains less than 2% of Salt, Spice, Enzyme Modified Egg Yolk, Modified Food Starch, Natural Flavor, Xanthan Gum, Lemon Juice Concentrate, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Potassium Sorbate and Sodium Benzoate (preservatives), Maltodextrin, Paprika, Calcium Disodium EDTA (to protect flavor).

Contains: eggs

Salsa

Tomatoes, Jalapeno Pepper, Onion, Cilantro, Contains less than 2% of Spices, Salt, Garlic

Garlic Mayonnaise

Soybean Oil, Water, Garlic Puree (garlic and vinegar), Vegetable Puree (carrot, celery, onion, salt and citric acid), Egg Yolk, distilled Vinegar, Sugar, Whole Eggs (dried), Modified Food Starch, Lemon Juice Concentrate, Potassium Sorbate, Sodium Benzoate (preservatives), Citric Acid, Natural Flavors, Calcium Disodium EDTA (to protect freshness), and Caramel Color.

Contains: eggs

Garlic Salt

Salt, Dehydrated Garlic, Sugar, Modified Food Starch, Contains 2% or Less of Each of the Following: Dehydrated Parsley, Garlic Oil and Soybean Oil.

Contains: soy

Garlic Spread

Soybean Oil, Garlic, Corn Syrup, Distilled Vinegar, Water, Egg Yolk, Contains Less Than 2% of: Salt, Spices, Potassium Sorbate, Sodium Benzoate and Calcium Disodium EDTA (Preservatives), Natural Flavor, Turmeric, and Apo-Carotenol (Color).

Contains: soy, egg

Ketchup

Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, and Natural Flavorings.



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Mayonnaise, Reduced Calorie

Water, Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Modified Corn Starch, Salt, Spice, Xanthan Gum, Potassium Sorbate, Sodium Benzoate (preservatives), Citric Acid, Calcium Disodium EDTA (to protect flavor), Natural and Artificial Flavors, and Yellow 5.

Contains: eggs

Mustard

Distilled Vinegar, Mustard Seed, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, and Paprika.

Parmesan Garlic & Herb Seasoning

Ingredients: Parmesan Cheese Blend (Parmesan Cheese [Part-skim Milk, Cheese Culture, Salt, Enzymes], Sodium Phosphate, Salt, Lactic Acid), Salt, Dehydrated Garlic, Spices, Modified Food Starch, contains 2% or less of each of the following: Dry Yeast, Autolyzed Yeast Extract, Natural Flavor, Palm Oil, Soybean Oil, and Silicon Dioxide (anticaking agent).

Sauce, Barbecue (Ken's)

High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Water, Salt, Pineapple Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Potassium Sorbate (preservative), and Natural Flavors.

Sauce, Chipotle

Soybean Oil, Water, Vinegar, Egg Yolk, Sugar, Chipotle Sauce (Water, Sugar, Chipotle Peppers, Vinegar, Salt, Modified Food Starch), Salt, Chipotle in Adobo (Water, Chipotle Peppers, Tomato Paste, Vinegar, Salt, Oleoresin Paprika, Natural Flavor, Oleoresin Capsicum), Chipotle Pepper Sauce (Red Jalapeno Peppers, Vinegar, Sugar, Salt, Onions), Natural Smoke Flavor, Garlic, Modified Food Starch, Spice, Xanthan Gum, Red Peppers, Ancho Chili Pepper, Red Bell Pepper, Polysorbate 60, Corn Oil, Onion, Potassium Sorbate, Sodium Benzoate, Calcium Disodium EDTA (Preservatives), Maltodextrin, Sorbitol, Olive Oil, Hydrolyzed Protein (Wheat, Soy), Paprika, Yeast Extract, Disodium Inosinate, Disodium Guanylate, Natural Extractives of Turmeric and Annatto, and Natural Flavor.

Contains: eggs, soy, wheat

Sauce, Frisco

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate (preservative), Polysorbate 80), Sugar, Salt, Egg Yolks, Honey, Tomato*, Onion*, Concentrated Lemon Juice, Potassium Sorbate, Sodium Benzoate (preservatives), Xanthan Gum, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Natural Flavor, Paprika, Spice, Calcium Disodium EDTA (to protect flavor), Yellow 6, and Red 40. *Dehydrated.

Contains: eggs

Sauce, Truffle Aioli

Soybean Oil, Egg Yolk, Distilled Vinegar, Olive Oil, Water, Contains less than 2% of Salt, Sunflower Oil, Sugar, Natural and Artificial Flavor, Dried Garlic, Mustard Flour, Spice, Lemon Juice Concentrate, Xanthan Gum, Natural Flavor, Calcium Disodium EDTA (to protect flavor), Citric Acid.

Contains: eggs

Sauce, Tartar (Ken's)

Soybean Oil, Sweet Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Sugar, Salt, Mustard Seed, Diced Red Bell Peppers, Water, Xanthan Gum), Cabbage, Onion, Egg Yolk, Water, Carrots, Contains less than 2% of: Vinegar, Salt, Potassium Sorbate and Calcium Disodium EDTA as preservatives, Spice, Xanthan Gum, Beta Carotene, Turmeric.

Contains: eggs

OTHER TOPPINGS

Seasoning, Fry 'n Steakburger™

Salt, Dehydrated Onion and Garlic, Sugar, Spices, Paprika, Turmeric, and Soybean Oil.

Savory Seasoning (Steakburgers™)

Salt, Spices, Dehydrated Garlic, Soybean Oil, and Silicon Dioxide (added less than 2% as an anti-caking agent).



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Onions, Caramelized

Onions, Liquid Margarine (Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid [added to protect flavor], Artificial Flavors, Colored with Beta Carotene, and Dimethylpolysiloxane [antifoaming agent]).

Contains: soy

Onions, Crispy

Onions, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sunflower, Safflower, and/or Canola Oil, Salt.

Contains: wheat. *Packaged in a facility that also packages tree nuts*

Pickles, Dill - Sliced

Pickles (Cucumbers, Water, Salt, Vinegar, Calcium Chloride), Water, Distilled White Vinegar, Alum, Salt, Potassium Sorbate (preservative), Calcium Chloride, Natural Flavorings, Calcium Disodium EDTA added to protect flavor, Garlic Powder, Polysorbate 80, and Yellow 5.

Pickle Relish, Mustard

Fresh Onions, Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric), Pickles (Cucumbers, Water, Salt, Vinegar, Calcium Chloride, Water, Distilled White Vinegar, Alum, Salt, Potassium Sorbate (preservative), Calcium Chloride, Natural Flavorings, Calcium Disodium EDTA added to protect flavor, Garlic Powder, Polysorbate 80, Yellow 5), Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic Cloves, Chili Peppers, Natural Flavor, Shallots), and Black Pepper.

Contains: soy, fish (anchovies)

Mushrooms, Portobello

Fresh Portobello Mushrooms.

Mushrooms, Button (prepped)

Fresh Button Mushrooms, Buttery Blend, Savory Seasoning

Pico de Gallo

Fresh Tomatoes, Fresh Jalapeño Peppers, Fresh Onion, Fresh Cilantro, and Fresh Lime Juice.

Sour Cream

Grade Cultured Cream

Contains: milk

Fresh Leaf Lettuce

Iceberg Lettuce

Fresh Onion Slices

Fresh Tomato Slices

Liquid Margarine (for Grilling)

Soybean Oil, Hydrogenated Soybean Oil, Soy Lecithin (Soy), and Artificial Butter Flavor. Colored with Beta Carotene. TBHQ and Citric Acid added to help protect flavor. Dimethylpolysiloxane, an antifoaming agent added.

Contains: soy

GENUINE CHILI

Genuine Chili

Chili Beef, and Chili Beans.

Contains: soy (lecithin)

Chili Deluxe

Genuine Chili, Chopped Onions, and Shredded Cheddar-Jack Cheese.

Contains: milk, soy (lecithin)



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Chili 3-Way

Spaghetti, Genuine Chili with Extra Chili Beef, and Chili Mac Sauce.

Contains: wheat, soy (lecithin), fish (anchovies)

Chili 5-Way

Spaghetti, Genuine Chili with Extra Chili Beef, Chili Mac Sauce, Diced Onions, and Shredded Cheddar-Jack Cheese.

Contains: wheat, milk, soy (lecithin), fish (anchovies)

Chili Mac

Spaghetti, Chili Beef, and Chili Mac Sauce.

Contains: wheat, soy (lecithin), fish (anchovies)

Chili Mac Supreme

Spaghetti, Chili Beef, Chili Mac Sauce, Diced Onions, and Shredded Cheddar-Jack Cheese.

Contains: wheat, milk, soy (lecithin), fish (anchovies)

CHILI COMPONENTS

Genuine Chili

Chili Beef (Beef, Beef Fat, Seasoning (Chili Peppers, Spices, Cumin, Dehydrated Garlic, Salt), Salt, Soy Lecithin), Chili Beans (Prepared Light Red Kidney Beans, Water, Salt, Garlic Powder, Spice, Dextrose, Paprika, Calcium Chloride [to maintain firmness], and Calcium Disodium EDTA [added as a preservative]).

Contains: soy (lecithin)

Chili Beef

Beef, Beef Fat, Seasoning (Chili Peppers, Spices, Cumin, Dehydrated Garlic, Salt), Salt, and Soy Lecithin.

Contains: soy (lecithin)

Chili Beans

Prepared Kidney Beans, Water, Salt, Seasoning Blend (Garlic Powder, Spice, Dextrose, and Paprika), Calcium Chloride, and Disodium EDTA (preservative).

Chili Mac Sauce

Tomato Paste, Distilled Vinegar, Water, High Fructose Corn Syrup, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic, Cloves, Chili Peppers, Natural Flavorings, Shallots), Salt, Sodium Benzoate, Potassium Sorbate (to protect freshness), Onion Powder, Garlic Powder, Spices, Caramel Color, and Red 40.

Contains: soy, fish (anchovies)

Spaghetti

Semolina (Wheat), Enriched with Iron (Ferrous Sulfate) and B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid).

Contains: wheat

Diced Onions

Fresh diced onions.

Cheese, Cheddar-Jack Fancy Shredded

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose (to prevent caking), and Natamycin (natural mold inhibitor).

Contains: milk



Steak 'n Shake Ingredient and Allergen List

Cheese, Parmesan / Romano, Grated

Parmesan Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Romano Cheese made from Cow's Milk (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Powdered Cellulose (prevent caking), and Potassium Sorbate (preservative).

Contains: milk

Crackers, Oyster

Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains one or more of the following Vegetable Oils: Canola Oil, Corn Oil, Palm Oil, Soybean Oil), Salt, Leavening (Sodium Bicarbonate), and Wheat Gluten.

Contains: wheat, soy

Crackers, Saltine

Enriched Flour (Wheat Flour, Niacinamide, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean with TBHQ, Salt, Contains 2% or less of Corn Syrup, Leavening (Baking Soda, Yeast), and Soy Lecithin.

Contains: wheat, soy

SALADS

Beef Taco Salad

Lettuce, Taco Meat (Steakburger, Salsa, Seasoning), Cheddar-Jack Cheese, Tortilla Strips, Tomato, and Ranch Dressing.

Contains: wheat, milk, soy, eggs

Garden Fresh Salad

Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Cheddar-Jack Cheese, Croutons, and Choice of Dressing. Add on Grilled Chicken Fillet or Fried Chicken Fingers.

Contains: wheat, soy, milk, and allergens from choice of dressing

SALAD COMPONENTS

Cheese, Cheddar-Jack Fancy Shredded

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch, Powdered Cellulose (to prevent caking), and Natamycin (natural mold inhibitor).

Contains: milk

Croutons, Seasoned

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean and/or Cottonseed Oil, Whey, Salt, Yeast, 2% or less of High Fructose Corn Syrup, Sugar, Calcium Propionate (preservative), Calcium Peroxide, Calcium Sulfate, Ascorbic Acid, Azodicarbonamide, Spices, Parsley*, Onion Powder, Wheat Gluten, Colors (Paprika, Turmeric, Extractive of Paprika), and Spice Extractive, TBHQ (to preserve freshness). *Dehydrated.

Contains: wheat, milk, soy

Packaged in a facility that also packages tree nuts.

Lettuce Blend

Fresh Iceberg and Romaine Lettuces.

Fresh Tomato

Fresh Carrots

Fresh Red Cabbage



Steak 'n Shake Ingredient and Allergen List

SALAD DRESSINGS

Bleu Cheese Dressing

Soybean Oil, Water, Bleu Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Natamycin (A Preservative)), Distilled Vinegar, Egg Yolks, Sugar, Salt, High Fructose Corn Syrup, Natural Bleu Cheese Flavor, Potassium Sorbate And Sodium Benzoate (Added As Preservatives) , Xanthan Gum, Sour Cream Solids (Cream, Nonfat Milk Cultures, Cultured Nonfat Milk, Lactic Acid, Citric Acid, BHA (A Preservative)), Lactic Acid, Spice, and Granulated Garlic.

Contains: milk, eggs

Honey Mustard Dressing

Soybean Oil, Water, Honey, Brown Sugar, Whole and Egg Yolks, Corn Cider Vinegar, Milk, Distilled Vinegar, Spices, Horseradish, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarinds, Salt, Garlic, Cloves, Chili Peppers, Natural Flavorings, Shallots), Sour Cream Solids (Sour Cream [Cream, Nonfat Milk, Cultures], Cultured Nonfat Milk, Lactic Acid, Citric Acid, BHA [preservative]), Dijon Mustard Solids (Dijon Mustard [Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices], Maltodextrin, Modified Food Starch, Natural Flavors), Salt, Sweet Cream Solids (Sweet Cream, Nonfat Milk, Sodium Caseinate and Silicon Dioxide [anti-caking agent]), Xanthan Gum, Natural and Artificial Flavors, Concentrated Lemon Juice, Aquaresin Paprika, Beta Carotene, and Calcium Disodium EDTA (to protect flavor).

Contains: milk, eggs, fish (anchovies), soy

Light Italian Dressing

Water, Vinegar (Cider, Distilled), Soybean Oil, Corn Syrup, Salt, Contains Less than 2% of: Xanthan Gum, Garlic, Onion, Sodium Benzoate, Potassium Sorbate, Calcium Disodium EDTA as preservatives, Propylene Glycol Alginate, Maltodextrin, Hydrolyzed Soy Protein (Soy), Red Bell Peppers, Spices, Yeast Extract, Natural Flavor, Caramel, Yellow #5, Sunflower Oil, and Yellow #6.

Contains: soy

Buttermilk Ranch Dressing

Soybean Oil, Distilled Vinegar, Water, High Fructose Corn Syrup, Egg Yolks, Buttermilk, Salt, Garlic Juice, Whey, Sodium Benzoate, Potassium Sorbate (Added as Preservatives), Monosodium Glutamate, Xanthan Gum, Natural Butter Flavor, Polysorbate 60, Lactic Acid, Dehydrated Onion, Spices, Titanium Dioxide, and Calcium Disodium EDTA (Added to Protect Flavor).

Contains: milk, eggs

Thousand Island Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate (preservative), Polysorbate 80), Sugar, Salt, Egg Yolks, Honey, Tomato*, Onion*, Concentrated Lemon Juice, Potassium Sorbate and Sodium Benzoate (preservatives), Xanthan Gum, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Natural Flavor, Paprika, Spice, Calcium Disodium EDTA (to protect flavor), Yellow 6, and Red 40.

*Dehydrated.

Contains: eggs

SIDES

Baked Beans

Prepared Beans.

Contains: No allergens

Cajun Fries

French Fries and Cajun Seasoning.

Contains: Hydrolyzed soy protein, MSG

Cheese Fries

French Fries, and Cheese Sauce.

Contains: milk



Steak 'n Shake Ingredient and Allergen List

Chili Cheese Fries

French Fries, Genuine Chili, and Cheese Sauce.

Contains; milk, soy (lecithin)

Bacon Cheese Fries

French Fries, Bacon, and Cheese Sauce.

Contains: milk

Creamy Coleslaw

Coleslaw Mix, and Coleslaw Dressing.

Contains: egg

Cup of Chili

Genuine Chili.

Contains: soy (lecithin)

Garden Salad

Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Croutons, and Choice of Dressing.

Contains: see dressings for possible allergens

Onion Rings

Breaded Onions.

Contains: wheat, soy, milk

Parmesan Cheese 'n Herbs French Fries

French Fries, and Parmesan Garlic and Herb Seasoning.

Contains: milk, soy

Thin 'n Crispy Fries

French Fries

Vegetable Soup

Cooked Vegetables (Water, Onions, Celery, Carrots, Tomatoes [Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride], Green Beans, Sweet Bell Peppers, Potatoes, Peas, Corn, Spinach), Ketchup (Tomato Concentrate [Water, Tomato Paste], High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Onion Powder, Spice, Natural Flavors), Vegetable Base [Vegetables [Carrots, Celery], Hydrolyzed Vegetable Protein [Hydrolyzed Corn Protein, Salt, Soybean Oil], Sugar, Modified Corn Starch, Soybean Oil, Maltodextrin, Onion Powder, Natural Flavor, Disodium Guanylate, Disodium Inosinate), Tomato Paste, Corn Starch, Hydrolyzed Wheat Gluten Protein (with a maximum of 2% Soybean Oil), Soybean Oil, Dehydrated Garlic, and Spices.

Contains: wheat, soy

Applesauce

Apples, High Fructose Corn Syrup, Corn Syrup, Water, and Ascorbic Acid (to maintain color).

SIDES COMPONENTS

Baked Beans

Prepared Beans, Water, Sugar, Tomato Paste, Salt, Modified Corn Starch, Paprika, Brown Sugar, Oleoresin Paprika, Natural Flavorings, and Dextrose.

Baked Bean Sauce

High Fructose Corn Syrup, Onion, Brown Sugar, Vinegar, Water, Tomato Paste, Corn Syrup, Molasses, Modified Food Starch, Contains Less Than 2% of: Salt, Spices, Natural Smoke Flavor, Potassium Sorbate (preservative), Paprika, Xanthan Gum, Garlic, Caramel Color, Sugar, and Tamarind. Spices – Mustard Flour. Smoked Flavor – Smoke Hickory Flavor, and Worcestershire Sauce Concentrate.

Contains: No Allergens



Steak 'n Shake Ingredient and Allergen List

Cheese, Cheddar Sauce

Water, Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto Color), Partially Hydrogenated Soybean Oil, Corn Starch-Modified, Nonfat Dry Milk, Contains 2% or less of Sodium Phosphate, Salt, Casein, Corn Starch, Sodium Citrate, Whey, Acetic Acid, Cellulose Gum, Monoglycerides, Parmesan Cheese (Milk, Cultures, Salt, Enzymes), Yeast Extract, Citric Acid, Lactic Acid, Spice (Mustard Flour), Natural Flavors (typically found naturally occurring in cheese and other dairy products), Blue Cheese (Milk, Cultures, Salt, Enzymes), Swiss Cheese (Milk, Cultures, Salt, Enzymes), Annatto Color, Maltodextrin, Whey Protein Concentrate, Cream, Yellow No. 6, Caramel Color, and Butter Oil.

Contains: milk

Coleslaw Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Salt, Sugar, Xanthan Gum, Propylene Glycol Alginate, Spice, Sodium Benzoate (preservative), Beta Carotene, Artificial Flavors, and Calcium Disodium EDTA (to protect flavor).

Contains: egg

Coleslaw Mix

Green Cabbage and Carrots.

Sugar Creek Applewood Smoked Bacon

Bacon (Cured with Water, Sugar, Salt, Smoke Flavoring, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).

French Fries, Thin 'n Crispy

Potatoes, Batter Mix (Modified Food Starch, Rice Flour, Corn Flour, Dextrin, Salt, Leavening (Bicarbonate of Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dextrose and/or Corn Syrup Solids, Xanthan Gum), Vegetable Oil (Soybean), Dextrose, and Disodium Dihydrogen Pyrophosphate (to maintain natural color).

Macaroni and Cheese, Kraft®

Cooked Enriched Macaroni Product (Water, Enriched Macaroni Product [Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate (Vitamin B1), Riboflavin [Vitamin B2], Folic Acid], Cheese Sauce (Water, Canola Oil, Whey, Skim Milk, Buttermilk Solids, Whey Protein Concentrate, Granular Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cream, Contains less than 2% of Salt, Sodium Phosphate, Calcium Phosphate, Modified Food Starch, Monoglycerides, Citric Acid, Xanthan Gum, Yellow 5, Yellow 6, Lactic Acid, Artificial Flavor, and Vitamin D3.

Contains: wheat, milk

Onion Rings

Onions, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean and/or Canola Oil), Wheat Flour, Yellow Corn Flour, Bleached Wheat Flour, Water, Contains 2% or less or Dextrose, Iodized Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Oleoresin Paprika, Partially Hydrogenated Soybean Oil, Polysorbate 80, Salt, Soy Flour, Sugar, and Whey.

Contains: wheat, soy, milk

FOUNTAIN

Classic Milkshakes

Premium Ice Cream for Shakes, 1% Reduced Fat Milk, Choice of Syrup (Chocolate, Vanilla, Strawberry, Banana, Dark Chocolate, Orange Freeze), Whipped Topping, and Maraschino Cherry.

Contains: milk, wheat



Steak 'n Shake Ingredient and Allergen List

Specialty Milkshakes

Premium Ice Cream for Shakes, 1% Reduced Fat Milk, Vanilla Syrup, Whipped Topping, Maraschino Cherry, Choice of: Birthday Cake, Butterfinger®, Chocolate Banana, Chocolate Chip Cookie Dough, Chocolate Covered Strawberry, Reese's® Chocolate Peanut Butter, Egg Nog, Oreo® Cookies 'n Cream, Kit Kat®, M&M's®, Nutella®, Oreo® Mint, Oreo® Red Velvet, Reese's® Peanut Butter, Reese's® Peanut Butter Cup, Peppermint Chocolate Chip, Pumpkin Spice, Red Velvet, Strawberry Banana, Very Berry Strawberry, Turtle Caramel Nut, Ultimate Banana, Oreo® Cookie White Chocolate, Caramel Apple, Strawberry Cheesecake, Reese's® Outrageous, Oreo® Cookie Double Stuf, and White Chocolate.

Contains: milk, allergens from toppings, candy or cookies, nuts, soy, wheat

Floats – Root Beer, Coke, Soft Drinks

Premium Ice Cream for Shakes, and Choice of Soft Drinks.

Contains: milk, wheat

Malts

Premium Ice Cream for Shakes, 1% Reduced Fat Milk, Choice of Flavored Syrup, Malt Syrup, Whipped Cream, and Maraschino Cherry.

Contains: milk, wheat

DESSERTS

Fresh-Baked Cookies

Chocolate Chunks.

Contains: milk, wheat, soy, eggs

Hot Fudge Sundae

Premium Vanilla Ice Cream, Hot Fudge, Whipped Topping, Maraschino Cherry, and Chopped Peanuts.

Contains: milk, soy, nuts

Strawberry Sundae

Premium Vanilla Ice Cream, Strawberry Topping, Whipped Topping, Maraschino Cherry, and Chopped Peanuts.

Contains: milk, nuts

FOUNTAIN AND DESSERT COMPONENTS

Peanuts, Diced, Buttered, Toasted

Peanuts (Peanuts, Canola Oil, Salt), Butter (Cream [Milk], Natural Flavorings).

Contains: milk, nuts

Butterfinger® Pieces

Corn Syrup, Sugar, Ground Roasted Peanuts, Hydrogenated Palm Kernel Oil, Cocoa, Molasses, less than 1% of Whey, Confectioner's Corn Flakes, Nonfat Milk, Salt, Lactic Acid Esters, Soy Lecithin, Soybean Oil, Cornstarch Artificial Flavors, TBHQ and Citric Acid (to preserve freshness), Yellow 5, and Red 40.

Contains: milk, nuts, soy

Caramel Sauce

Corn Sweeteners (Corn and High Fructose Corn Syrups), Sweetened Condensed Skim Milk (Skim Milk, Sugar, Corn Syrup), Sugar, Cream, Butter, Water, Salt, Mono and Diglycerides, Xanthan Gum, Sodium Bicarbonate, and Natural Flavor.

Contains: milk

Cheesecake Pieces

Cream Cheese (Pasteurized Cream, Cheese Culture, Salt, Carob Bean Gum, Guar Gum), Graham Cracker Crumbs (Enriched Flour {Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Graham Flour, Partially Hydrogenated Soybean and/or Cottonseed Oils, Sugar, Brown Sugar, Molasses, Salt, Natural and Artificial Flavors, Leavening Agents {Sodium Bicarbonate, Ammonium Bicarbonate}), Sugar, Eggs, Margarine (Liquid Soybean Oil, Partially Hydrogenated Soybean Oil, Water, Salt, Whey, Vegetable Mono and Diglycerides, Soy Lecithin, Sodium



Steak 'n Shake Ingredient and Allergen List

Benzoate (preservative), Artificial Flavor, Beta Carotene, Vitamin A Palmitate Added), Cream, Powdered Sugar, Enriched Bleached Flour (Bleached Wheat Flour {Niacin, Reduced Iron, Thiamine Mononitrate, Folic Acid, Riboflavin}, Enzyme Added for Improved Baking), Lime Flavoring (Freeze Dried Key Lime Juice Concentrate, Maltodextrin, Silicon Dioxide (prevents caking), Lemon Flavoring (Ground Lemon Peel, Sugar, Lemon Oil), Xanthan Gum, and Pure Vanilla.
Contains: soy, wheat, eggs, dairy. Sulfites are present but at < 10 ppm.

Chocolate Chunks

Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an Emulsifier), and Vanilla.
Contains: soy

Chocolate Chunk Cookies

Enriched Bleached Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Semisweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin [emulsifier], Vanillin [artificial flavor], Natural Flavor), Sugar, Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Mono and Diglycerides, Natural Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Butter [Cream, Salt], High Fructose Corn Syrup, Eggs, Contains less than 2% of the following: Water, Molasses, Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Natural and Artificial Flavor.

Contains: wheat, milk, soy, eggs

Manufactured on shared equipment with peanuts and tree nuts.

Milk Chocolate Chips

Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (emulsifier), and Vanillin (artificial flavor).
Contains: milk, soy

Chocolate Chip Cookie Dough Crumbles

Bleached Wheat Flour (enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Sugar, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil, Palm Oil, Cottonseed Oil), Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin [emulsifier], and Vanillin [artificial flavor]), Chocolate Flavored Chips (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa Powder, Cocoa Powder processed with Alkali, Sorbitan Monostearate, Polysorbate 60, Soy Lecithin [emulsifier], Salt, and Vanillin [artificial flavoring], may contain Milk), Dextrose, Molasses, Apple Powder, Water, Salt, Natural and Artificial Vanilla Flavoring.

Contains: wheat, milk, soy. Processed in a facility with Wheat, Eggs, Dairy, Soy, Nuts, and Peanuts.

Chocolate Fudge Sauce

Corn Syrup, Water, Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Dry Milk, Cocoa Processed with Alkali, Cocoa, Modified Corn Starch, Salt, Sodium Bicarbonate, Potassium Sorbate (preservative), Mono and Diglycerides (vegetable), Artificial Flavors, and Soy Lecithin (emulsifier).

Contains: milk, soy

Cookies and Cream, Chopped

Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), High Oleic Canola Oil and/or Palm Oil and/or Canola Oil and/or Soybean Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Cornstarch, Leavening (Baking Sodium and/or Calcium Phosphate), Salt, Soy Lecithin, Vanillin (artificial flavor), and Chocolate.

Contains: wheat, soy

Manufactured on equipment that processes peanut containing product.

Graham Cracker Pieces

Unenriched Wheat Flour, Margarine (Palm Oil, Water, Soybean Oil, Salt, Natural Flavor [Milk], Soy Lecithin [Emulsifier]), Sugar, Graham Flour, Brown Sugar, Honey Powder (High Fructose Corn Syrup, Wheat Starch, Corn Syrup, Soy Flour, Calcium Stearate [anti-caking agent] and Soy Lecithin [processing aid]), Water, Artificial Flavor, Salt, Natural Flavor (contains Dairy components), Baking Soda, and Potassium Sorbate (Preservative).

Contains: wheat, soy, dairy. Manufactured in a plant that processes or uses peanuts, tree nuts, eggs, soy, wheat and dairy.

Golden White Sheet Cake:

Sugar, Enriched Bleach Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Palm and Soybean Oils), Water, Eggs, Corn Syrup. Contains 2% or Less of Each of the Following:



Steak 'n Shake Ingredient and Allergen List

High Fructose Corn Syrup, Skim Milk, Glycerin, Margarine (Palm Oil, Water, Soybean Oil, Salt, Mono and Diglycerides, Artificial Flavor, Annatto (Color), Calcium Disodium Edta (Preservative), Vitamin A Palmitate), Propylene Glycol Mono and Diesters of Fat and Fatty Acids, Lactic Esters of Fatty Acids, Baking Powder (Corn Starch, Sodium Aluminum Phosphate, Baking Soda, Monocalcium Phosphate), Whey, Modified Corn Starch, Natural and Artificial Flavors, Salt, Corn Starch, Colored with (Titanium Dioxide, Yellow 5), Gums (Guar, Xanthan, Gellan), Cream of Tartar, Sodium Alginate, Soy Lecithin, and Soy Flour.

Contains: wheat, eggs, milk, soy

Ice Cream, Milkshakes

Milk Fat and Nonfat Milk, Sugar, Corn Syrup, Whey, Stabilized and Emulsified by Guar Gum, Mono and Diglycerides, Locust Bean Gum, and Carregeenan.

Contains: milk, wheat

Ice Cream, Premium Vanilla

Milk Fat and Nonfat Milk, Sugar, Corn Syrup, Whey, Stabilized and Emulsified by Mono and Diglycerides, Guar Gum, Cellulose Gum and Carregeenan, Artificial Vanilla Flavor, and Annatto Color

Contains: milk

Kit Kat® Pieces

Sugar, Wheat Flour, Nonfat Milk, Cocoa Butter, Chocolate, Palm Kernel Oil, Lactose (Milk), Milk Fat, Contains 2% or Less of Soy Lecithin, PGPR Emulsifier, Yeast, Vanillin, Artificial Flavor, Salt and Sodium Bicarbonate.

Contains: milk, soy, wheat

M&M's®

Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors, Sugar, Cornstarch, Less than 1% of the following: Corn Syrup, Gum Acacia, Coloring (Includes Blue 1 Lake, Red 40 Lake, Yellow 6, Yellow 5, Blue 1, Blue 2 Lake, Yellow 6 Lake, Yellow 5 Lake, Blue 2), and Dextrin.

Contains: milk, soy (lecithin), peanuts. *Processed in a plant that also processes peanuts.*

Reese's® Pieces

Sugar, Partially Defatted Peanuts, Hydrogenated Vegetable Oil, Corn Syrup, Dextrose. Contains 2% or less of Palm Kernel Oil, Artificial Color, Cornstarch, Salt, Resinous Glaze, Lecithin, Modified Cornstarch, Carnauba Wax, Vanillin (artificial flavor), Milk

Contains: milk, peanuts, soy, and yellow #5

Maraschino Cherries

Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Citric Acid, Artificial Flavor, Red 40, and Sulfur Dioxide (preservative).

Nutella®

Sugar, Palm Oil, Hazelnuts, Cocoa, Skim Milk, Whey (Milk), Lecithin as Emulsifier (Soy), and Vanillin (artificial flavor).

Contains: tree nuts, dairy, and soy

Reese's® Peanut Butter

Roasted Peanuts; Sugar; Contains 2% or Less of: Hydrogenated Vegetable Oil (Grapeseed, Cottonseed and Soybean Oil); Salt; Peanut Oil; Monoglycerides; Molasses; and Corn Starch.

Contains: nuts. *Processed in a plant that also processes wheat, egg, and tree nut products*

Reese's® Peanut Butter Cups

Milk Chocolate, (Sugar, Cocoa Butter, Dry Whole Milk, Chocolate, Soy Lecithin [emulsifier], Salt, Vanilla), Ground Peanuts, Sugar, Palm Kernel Oil, Lactose, Salt, and Soy Lecithin (emulsifier).

Contains: milk, nuts, soy. *Processed in a plant that also processes wheat, egg, and tree nut products*

Strawberries (for Milkshakes)

Sliced Strawberries and Sugar.

Syrup, Apple

High Fructose Corn Syrup, Water, Natural Flavors, Malic Acid, Sodium Benzoate, and Potassium Sorbate.



Steak 'n Shake Ingredient and Allergen List

Syrup, Banana

High Fructose Corn Syrup, Water, Banana Puree, Natural Flavors, Citric Acid, Sodium Benzoate (preservative), Sodium Citrate, Cellulose Gum, Yellow 5, and Yellow 6.

Syrup, Birthday Cake

High Fructose Corn Syrup, Water, Sugar, Natural and Artificial Flavors, Potassium Sorbate, Sodium Benzoate (Preservatives), and Phosphoric Acid.

Syrup, Cherry

High Fructose Corn Syrup, Water, Natural and Artificial Flavors, Citric Acid, Sodium Benzoate (preservative), Red 40, and Blue 2.

Syrup, Chocolate

Corn Syrup, High Fructose Corn Syrup, Water, Cocoa, Salt, Natural Flavors, Potassium Sorbate (preservative), and Cellulose Gum.

Syrup, Dark Chocolate

High Fructose Corn Syrup, Corn Syrup, Water, Sugar, Cocoa processed with Alkali, Contains 2% or less of Salt, Mono- and Diglycerides, Polysorbate 60, Xanthan Gum, Vanillin, and Artificial Flavor.

Syrup, Egg Nog

High Fructose Corn Syrup, Water, Natural Flavors, Potassium Sorbate, Benzoic Acid (preservatives), Caramel Color, Citric Acid, Salt, and Artificial Color (Yellow #5).

Syrup, Green Mint

High Fructose Corn Syrup, Water, Natural Flavor, Sodium Benzoate (preservative), Citric Acid, Yellow 5, and Green 3.

Syrup, Malt

Molasses, High Fructose Corn Syrup, Malt Syrup, Water, Caramel Color, Salt, Preservatives (Potassium Sorbate, Benzoic Acid, and Sorbic Acid).

Syrup, Peppermint

Sugar, Natural and Artificial Flavors, Sodium Benzoate (preservative), Phosphoric Acid, and Artificial Color (Red #40).

Syrup, Pumpkin

High Fructose Corn Syrup, Condensed Nonfat Milk, Sugar, Brown Sugar, Corn Syrup, Pumpkin Puree, Contains 15 or Less of Annatto (Color), Spices, Natural Flavor, Caramel Color, Salt, and Potassium Sorbate (Preservative).

Contains: milk

Syrup, Orange Freeze

High Fructose Corn Syrup, Water, Citric Acid, Concentrated Orange Juice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (preservatives), Yellows 5, Yellow 6, Xanthan Gum, Modified Food Starch, Citrus Oil, Ester Gum, and Vegetable Oil.

Syrup, Strawberry

High Fructose Corn Syrup, Water, Strawberry Puree, Natural Flavors, Citric Acid, Concentrated Strawberry Juice, Malic Acid, Sodium Benzoate (preservative), and Red 40.

Syrup, Toasted Marshmallow

Sugar, Water, Natural and Artificial Flavors, Sodium Benzoate, and Phosphoric Acid.

Syrup, White Chocolate

High Fructose Corn Syrup, Water, Natural Flavors, Benzoic Acid and Sorbic Acid (preservatives).

Syrup, Vanilla

High Fructose Corn Syrup, Water, Corn Syrup, Natural Flavors, Potassium Sorbate, Sodium Benzoate and Benzoic Acid (preservatives), and Caramel Color.



Steak 'n Shake Ingredient and Allergen List

Whipped Light Cream

Cream, Milk, Corn Syrup, Sugar, Nonfat Milk, Contains less than 1% of: Mono and Diglycerides, Carrageenan, Polysorbate 80, Natural and Artificial Flavor, Mixed Tocopherols (Vitamin E) to protect flavor, Beta Carotene (color).
Propellant: Nitrous Oxide

Contains: milk

Oreo® Cookie Icing Variegate (for Oreo® Cookie Double Stuf Milkshake)

Sugar, Soybean Oil, Coconut Oil, Artificial Color, Cornstarch, Emulsifiers (Soy Lecithin, Mono- and Diglycerides), Artificial Flavor, Salt.

Contains: soy

BEVERAGES

Milk, 1% (Regular)

Lowfat Milk, Vitamin A Palmitate, Vitamin D3.

Milk, 1% (Chocolate)

Lowfat Milk, Sugar, Cocoa (processed with alkali), Corn Starch, Salt, Carrageenan, Natural Vanilla, Vitamins A & D.

Coffee

Premium Coffee Blend.

Coffee, Decaffeinated

Premium Coffee Blend.

Tea, Iced

100% Black Tea.

Tea, Hot

100% Darjeeling Tea.

Tea, Sweet

Tea and Sugar.

Cherry Limeade

Sprite®, Cherry Syrup, Fresh Lime, and Maraschino Cherry

Coca-Cola®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Natural Flavors, and Caffeine.

Diet Coke®

Carbonated Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Natural Flavors, Citric Acid, Potassium Citrate, Potassium Benzoate (to protect taste), Caffeine, Aspartame, and Dimethylpolysiloxane.

Coca-Cola Zero Sugar®

Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Aspartame, Potassium Benzoate (to protect taste), Natural Flavors, Acesulfame Potassium, Caffeine, and Dimethylpolysiloxane.

Diet Coke® Caffeine Free

Carbonated Water, Caramel Color, Phosphoric Acid, Aspartame, Potassium Benzoate (To Protect Taste), Natural Flavors, Potassium Citrate, Acesulfame Potassium, Caffeine.

Barq's® Root Beer

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (to protect taste), Citric Acid, Caffeine, Artificial and Natural Flavors, and Acacia.



Steak 'n Shake Ingredient and Allergen List

Fanta® Orange

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Sodium Benzoate (to protect taste), Natural Flavors, Modified Food Starch, Sodium Polyphosphates, Glycerol Ester of Rosin, Yellow 6, Brominated Vegetable Oil, and Red 40.

Dr. Pepper®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Artificial and Natural Flavors, Sodium Benzoate (to protect taste), and Caffeine.

Diet Dr. Pepper®

carbonated water, caramel color, aspartame, phosphoric acid, natural and artificial flavors, sodium benzoate (preservative), caffeine

High-C Flashin' Fruit Punch

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural and Artificial Flavors, Ascorbic Acid (Vitamin C), Sodium Benzoate (to protect taste), Modified Food Starch, Red 40, Glycerol Ester of Wood Rosin, and Brominated Vegetable Oil.

Minute Maid Lemonade

Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Potassium Benzoate (to protect taste), Modified Food Starch, Glycerol Ester of Wood Rosin, Natural and Artificial Flavors, Brominated Vegetable Oil, and Yellow 5.

Simply Orange© (Orange Juice -no pulp)

100% Orange Juice

Nestle® Pure Life® Bottled Water

Purified Water, Calcium Chloride, Sodium Bicarbonate, and Magnesium Sulfate.

Hot Chocolate. Swiss Miss Cocoa

Sugar, Corn Syrup, Modified Whey, Cocoa (processed with Alkali), Hydrogenated Coconut Oil, Nonfat Dry Milk, less than 2% of Salt, Dipotassium Phosphate, Carrageenan, Artificial Flavor, and Mono- and Diglycerides.

Contains: milk

Sprite®

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate (to protect taste), and Dimethylpolysiloxane.

Lipton® Peach Iced Tea

Water, High Fructose Corn Syrup, Citric Acid, Black Tea, Phosphoric Acid, Sodium Hexametaphosphate (to protect flavor), Natural Flavor, Potassium Sorbate (preserve freshness), Potassium Benzoate (preserve freshness), Acesulfame Potassium, Calcium Disodium EDTA (to protect flavor), Sucralose.

Pepsi®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sugar, Phosphoric Acid, Caffeine, Citric Acid, Natural Flavor

Diet Pepsi®

Carbonated Water, Caramel Color, Aspartame, Phosphoric Acid, Potassium Benzoate (preserves freshness), Caffeine, Citric Acid, Natural Flavor, Acesulfame Potassium, Phenylketonurics: Contains Phenylalanine

Mug Root Beer

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (preserves freshness), Citric Acid, Natural and Artificial Flavors, Modified Food Starch, Calcium Disodium EDTA (to protect flavor), Quillaia Extract

Sierra Mist

Carbonated Water, High Fructose Corn Syrup, Clarified Lemon Juice Concentrate, Natural Flavor, Citric Acid, Potassium Sorbate and Potassium Benzoate (preserve freshness), Calcium Disodium EDTA (to protect flavor)



Steak 'n Shake Ingredient and Allergen List

Tropicana Lemonade

Treated Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Natural Flavor, Lemon Juice Concentrate, Gum Arabic, Sodium Benzoate (preserves freshness), Glycerol Ester of Rosin, Potassium Sorbate (preserves freshness), Calcium Disodium EDTA (to protect flavor), Yellow 5

Gatorade®

Water, Sugar, Dextrose, Citric Acid, Salt, Sodium Citrate, Monopotassium Phosphate, Gum Arabic, Sodium Benzoate (preserves freshness), Potassium Sorbate (preserves freshness), Glycerol Ester of Rosin, Natural Flavor, Yellow 5

Mountain Dew

Carbonated Water, High Fructose Corn Syrup, Concentrated Orange Juice, Citric Acid, Natural Flavor, Sodium Benzoate (preserves freshness), Caffeine, Sodium Citrate, Erythorbic Acid (preserves freshness), Gum Arabic, Calcium Disodium EDTA (to protect flavor), Brominated Vegetable Oil, Yellow 5

Ginger Ale

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavor, Potassium Benzoate (preserves freshness), Caramel Color

Brisk Raspberry Iced Tea

Water, High Fructose Corn Syrup, Citric Acid, Natural Flavor, Instant Tea, Caramel Color, Citrus Pectin, Sodium Benzoate (preserves freshness), Potassium Sorbate (preserves freshness), Acesulfame Potassium, Sucralose, Red 40

KIDS MENU

Steakburger™ 'n Fries

Steakburger, Regular Bun, and French Fries.

Contains: wheat, milk, soy

Steakburger™ w/Cheese 'n Fries

Steakburger(s), Regular Bun, American Cheese, and French Fries.

Contains: wheat, milk, soy

Mini Corn-Dogs and Fries

Mini Corn-Dogs (Turkey), and French Fries.

Contains: wheat, milk, soy, eggs

Grilled Cheese 'n Fries

Sourdough Bread, American Cheese, Liquid Margarine, and French Fries.

Contains: wheat, milk, soy

Chicken Fingers 'n Fries

Chicken Fingers, Sauce Choice, and French Fries.

Contains: wheat, milk, + allergens from choice of sauce

Kraft® Macaroni and Cheese

Enriched Macaroni, and Cheese Sauce.

Contains: wheat, milk

Applesauce

Musselman's® Apple Sauce.

Baked Beans

Prepared Beans.

Contains: No Allergens

Fresh-Baked Cookies

Chocolate Chunks.

Contains: milk, wheat, soy, eggs



Steak 'n Shake Ingredient and Allergen List

Hot Fudge Sundae

Premium Vanilla Ice Cream, Hot Fudge, Whipped Topping, Maraschino Cherry, and Chopped Peanuts.

Contains: milk, soy, nuts

Strawberry Sundae

Premium Vanilla Ice Cream, Strawberry Topping, Whipped Topping, Maraschino Cherry, and Chopped Peanuts.

Contains: milk, nuts

Fresh Banana

Banana

Floats – Root Beer, Coke, Soft Drinks

Premium Ice Cream for Shakes, and Choice of Soft Drinks.

Contains: milk, wheat

Honest Kids® Organic Appley Ever After (Apple Juice)

Filtered Water, Organic Apple Juice from Concentrate, Natural Flavors, Vitamin C (Ascorbic Acid), Organic Natural Flavors, Citric Acid (provides tartness). No Caffeine.

Jr. Chocolate Chip Cookie Sundae

Premium Vanilla Ice Cream, Chocolate Chip Cookie, Hot Fudge, Whipped Topping, and Maraschino Cherry.

Contains: milk, wheat, soy, eggs

Kids Milkshakes contain the same ingredients and allergens as regular-sized milkshakes detailed above, under the "Fountain" heading.

KIDS COMPONENTS

Applesauce

Apples, High Fructose Corn Syrup, Corn Syrup, Water, and Ascorbic Acid (to maintain color).

Baked Beans

Prepared Beans, Water, Sugar, Tomato Paste, Salt, Modified Corn Starch, Paprika, Brown Sugar, Oleoresin Paprika, Natural Flavorings, and Dextrose.

Baked Bean Sauce

High Fructose Corn Syrup, Onion, Brown Sugar, Vinegar, Water, Tomato Paste, Corn Syrup, Molasses, Modified Food Starch, Contains Less Than 2% Of: Salt, Spices, Natural Smoke Flavor, Potassium Sorbate (Preservative), Paprika, Xanthan Gum, Garlic, Caramel Color, Sugar, and Tamarind.

Contains: No Allergens

Bread, Sourdough

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Yeast, High Fructose Syrup, Contains 2% or less of the following: Soybean Oil, Sugar, Salt, Fumaric Acid, Vinegar, Malic Acid, Lactic Acid, Acetic Acid, Sodium Diacetate, Tricalcium Phosphate, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine Hydrochloride, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Tricalcium Phosphate, Calcium Salts, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Soy Lecithin, Corn Starch, Xanthan Gum, Enzymes, Thiamine Hydrochloride, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy

Bun, Steakburger

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Sodium Stearoyl Lactylate),



Steak 'n Shake Ingredient and Allergen List

Malt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (to retain freshness), Soy Lecithin, Soy Flour, Whey, Enzymes, and Calcium Dioxide.

Contains: wheat, soy, milk

Cheese, American

Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (preservative), Citric Acid, Color Added, Acetic Acid, Enzymes, Soy Lecithin.

Contains: milk, soy

Chocolate Chunk Cookies

Enriched Bleached Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Semisweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin [emulsifier], Vanillin [artificial flavor], Natural Flavor), Sugar, Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Mono and Diglycerides, Natural Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Butter [Cream, Salt], High Fructose Corn Syrup, Eggs, Contains less than 2% of the following: Water, Molasses, Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Natural and Artificial Flavor.

Contains: wheat, milk, soy, eggs, *Manufactured on shared equipment with peanuts and tree nuts.*

Chocolate Fudge Sauce

Corn Syrup, Water, Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Dry Milk, Cocoa Processed with Alkali, Cocoa, Modified Corn Starch, Salt, Sodium Bicarbonate, Potassium Sorbate (preservative), Mono and Diglycerides (vegetable), Artificial Flavors, and Soy Lecithin (emulsifier).

Contains: milk, soy

French Fries, Thin 'n Crispy

Potatoes, Batter Mix (Modified Food Starch, Rice Flour, Corn Flour, Dextrin, Salt, Leavening (Bicarbonate of Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dextrose and/or Corn Syrup Solids, Xanthan Gum), Vegetable Oil (Soybean), Dextrose, and Disodium Dihydrogen Pyrophosphate (to maintain natural color).

Ice Cream, Milkshakes

Milk Fat and Nonfat Milk, Sugar, Corn Syrup, Whey, Stabilized and Emulsified by Guar Gum, Mono and Diglycerides, Locust Bean Gum, and Carregeenan.

Contains: milk, wheat

Ice Cream, Premium Vanilla

Milk Fat and Nonfat Milk, Sugar, Corn Syrup, Whey, Stabilized and Emulsified by Mono and Diglycerides, Guar Gum, Cellulose Gum and Carregeenan, Artificial Vanilla Flavor, and Annatto Color

Contains: milk

Ketchup

Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, and Natural Flavorings

Macaroni and Cheese, Kraft®

Cooked Enriched Macaroni Product (Water, Enriched Macaroni Product [Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate (Vitamin B1), Riboflavin [Vitamin B2], Folic Acid], Cheese Sauce (Water, Canola Oil, Whey, Skim Milk, Buttermilk Solids, Whey Protein Concentrate, Granular Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cream, Contains less than 2% of Salt, Sodium Phosphate, Calcium Phosphate, Modified Food Starch, Monoglycerides, Citric Acid, Xanthan Gum, Yellow 5, Yellow 6, Lactic Acid, Artificial Flavor, and Vitamin D3.

Contains: wheat, milk

Maraschino Cherries

Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Citric Acid, Artificial Flavor, Red 40, and Sulfur Dioxide (preservative).



Steak 'n Shake Ingredient and Allergen List

Mini-Corn Dogs

Batter/Breading: Enriched Bleached Wheat Flour (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Flour, Sugar, Enriched Corn Meal (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or less of the following: Soy Flour, Modified Food Starch, Soybean Oil, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Brown Sugar, Salt, Dried Egg Yolk, Dried Egg White, Honey Solids (with Wheat Starch, Calcium Stearate, Soy Lecithin), Sodium Caseinate, Nonfat Dry Milk, Natural and Artificial Flavor, Soy Lecithin. Cooked in Vegetable oil (Contains one or more of the following: Corn Oil, Cottonseed Oil, Partially Hydrogenated Soybean Oil). **Frank:** Mechanically separated Turkey, Water, Salt, Corn Syrup, Contains 2% or less of the following: Potassium Lactate, Flavorings, Dextrose, Sodium Diacetate, Ascorbic Acid (Vitamin C), Natural Smoke Flavor, Extractives of Paprika, and Sodium Nitrite.

Contains: wheat, soy, milk, eggs

Mustard

Distilled Vinegar, Mustard Seed, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, and Paprika.

Steakburger™

100% pure beef patty.

Fresh Tomatoes

Whipped Light Cream

Cream, Milk, Corn Syrup, Sugar, Nonfat Milk, Contains less than 1% of: Mono and Diglycerides, Carrageenan, Polysorbate 80, Natural and Artificial Flavor, Mixed Tocopherols (Vitamin E) to protect flavor, Beta Carotene (color). Propellant: Nitrous Oxide

Contains: milk

Liquid Margarine (for Grilling)

Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid (added to protect flavor), Artificially flavored, Colored with Beta Carotene, and Dimethylpolysiloxane (antifoaming agent).

Contains: soy

BREAKFAST

All You Can Eat Pancakes

Buttermilk Pancakes, Syrup, and Whipped Butter.

Contains: eggs, soy, wheat, milk

Breakfast Bowl with Hash Browns*

Shredded Hash Brown Potatoes, Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, and Savory Seasoning.

Contains: milk, eggs, soy

Breakfast Bowl without Hash Browns*

Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, and Savory Seasoning.

Contains: milk, eggs, soy

Breakfast Bowl – Sausage Gravy 'n Biscuit

Buttermilk Biscuits, and Sausage Gravy.

Contains: milk, wheat, soy

Bagel Sandwich

Scrambled Egg, American Cheese, Choice of Breakfast Meat, and Bagel.

Contains: wheat, eggs, milk, soy (cooking spray)

Biscuit Sandwich* (Sausage or Bacon, Egg 'n Cheese; Sausage 'n Egg; Egg 'n Cheese, Sausage)

Scrambled Egg, American Cheese, Choice of Breakfast Meat, and Buttermilk Biscuit.

Contains: wheat, milk, soy, eggs



Steak 'n Shake Ingredient and Allergen List

Banana Pancakes

Buttermilk Pancakes, Bananas, and Whipped Topping.

Contains: eggs, soy, wheat, milk

Cakes 'n Eggs*

Buttermilk Pancakes, Farm-Fresh Eggs, Choice of Breakfast Meat, Syrup, and Whipped Butter.

Contains: eggs, soy, wheat, milk

Chocolate Chip Pancakes

Buttermilk Pancakes, Milk-Chocolate Chips, Powdered Sugar, Whipped Topping, and Syrup.

Contains: eggs, soy, wheat, milk

Country Skillet*

Shredded Hash Brown Potatoes, Buttermilk Biscuit, Breakfast Sausage, Sausage Gravy, Farm-Fresh Eggs, and Wisconsin Cheddar Cheese.

Contains: wheat, milk, soy, eggs

Classic Egg Breakfast*

Farm-Fresh Eggs, Choice of Breakfast Meat, and Choice of Bread.

Contains: eggs, wheat, soy

Cheddar Scrambler*

Scrambled Eggs, Wisconsin Cheddar Cheese, Sausage, Caramelized Onions, Choice of Hash Brown Potatoes, and Choice of Bread.

Contains: eggs, milk, soy, wheat

Hash Brown, Crispy Patty

Potatoes, Vegetable Oil (Contains one or more of the following: soybean oil, canola oil), salt, yellow corn flour, dehydrated potatoes, dextrose, disodium dihydrogen pyrophosphate (to promote color retention).

Contains: soy

Hash Browns, Shredded

Shredded Hash Brown Potatoes, and Liquid Margarine.

Contains: soy

Homestyle Breakfast*

Farm-Fresh Eggs, Choice of Breakfast Meat, Choice of Hash Brown Potatoes, and Choice of Bread.

Contains: eggs, soy, wheat

Potato and Egg Taco*

Shredded Hash Brown Potatoes, Scrambled Eggs, Flour Tortilla

Contains: wheat, milk, eggs

Sausage, Egg and Cheese Taco*

Scrambled Eggs, Sausage, Pico de Gallo, Chipotle Sauce, Flour Tortilla

Contains: wheat, milk, eggs, soy

Sausage Gravy 'n Biscuits

Buttermilk Biscuits, and Sausage Gravy.

Contains: milk, wheat, soy

Royale Steakburger®

Steakburgers, Knotted Bun, Farm-Fresh Egg, American Cheese, Bacon, Tomato, Lettuce, Reduced Calorie Mayonnaise, Liquid Margarine, and Savory Seasoning.

Contains: wheat, soy, milk, eggs



Steak 'n Shake Ingredient and Allergen List

KID'S BREAKFAST

Chocolate Chip Pancakes

Buttermilk Pancakes, Milk-Chocolate Chips, Powdered Sugar, Whipped Topping, and Syrup.

Contains: eggs, soy, wheat, milk

Egg, Bacon or Sausage 'n Toast*

Farm-Fresh Egg, Breakfast Bacon or Sausage, and Toast.

Contains: egg, wheat, soy

Silver Dollar Pancakes

Pancakes (3), Syrup, and Whipped Butter.

Contains: eggs, milk, soy, wheat

BREAKFAST COMPONENTS

Applesauce

Apples, High Fructose Corn Syrup, Corn Syrup, Water, and Ascorbic Acid (to maintain color).

Bagel

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Contains 2% or less of each of the following: Wheat Flour, Salt, Yellow Corn Meal, Malted Barley and Corn Flour, Molasses, Yeast, Wheat Gluten, Sodium Stearoyl Lactylate, Monoglycerides, Soybean Oil, Enzymes, and Calcium Propionate (to retard spoilage).

Contains: wheat

Sugar Creek Applewood Smoked Bacon

Bacon (Cured with Water, Sugar, Salt, Smoke Flavoring, Dextrose, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite).

Biscuit

Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Hydrogenated Palm Kernel Oil, Buttermilk, Leavening (Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Skim Milk, Soybean Oil, Contains less than 2% of the following: Sugar, Salt, Water, Modified Corn Starch, Artificial Flavor, and Soy Lecithin (An Emulsifier),

Contains: wheat, milk, soy

Bread

Choice of Wheat, Rye, or Sourdough.

Contains: see individual items for allergens

Cheese, Cream Spread

Pasteurized Milk and Cream, Water, Lactose, Salt, Cheese Culture, Stabilizers (Carob Bean and/or Xanthan and/or Guar Gums), Potassium Sorbate (preservative), and Citric Acid.

Contains: milk

Eggs, Farm-Fresh*

USDA Grade A Non-Pasteurized Shell Eggs.

Contains: egg, soy (cooking spray)

Eggs, Scrambled*

Whole Eggs, Nonfat Milk, Egg Whites, Dextrose, Xanthan Gum, Citric Acid, Artificial Butter Flavor (Butter, Cream, and Milk), Partially Hydrogenated Soybean and Cottonseed Oil, Soy bean Oil, Lipolyzed Butter Oil, Flavors and Artificial Flavors, and Annatto (color).

Contains: eggs, milk, soy



Steak 'n Shake Ingredient and Allergen List

Eggs, Cholesterol Free*

Egg Whites, Nonfat Milk, Modified Food Starch, Whey Protein Isolate, Soybean Oil, Xanthan Gum, Natural Egg Flavor, Liquid Pepper Extract, Natural and Artificial Butter Flavor [Butter (Cream), Lipolyzed Butter Oil, Medium Chain Triglycerides, Natural and Artificial Flavors, Soybean Oil, and Annatto Extract], Yellow 5 (Color), Beta Carotene (Color), and Annatto (Color). Contains less than 1/2 gram Lactose per serving.

Contains: eggs, milk, soy (cooking spray)

Flour Tortilla

Prepared Flour (Enriched Bleached Flour (Wheat, Niacin, Iron, Zinc, Thiamin, Riboflavin and Folic Acid), Amylase Enzyme, Ascorbic Acid, Benzoyl Peroxide), Beef Fat, Water Salt, Contains less than 2% of the following Corn Starch, Calcium Carbonate, Calcium Propionate, CMC, Arabic Gum, Guar Gum, Whey, Sorbic Acid, Fumaric Acid, Lcysteine, Tricalcic Phosphate.

Contains: Wheat, Milk

Salsa

Tomatoes, Jalapeno Pepper, Onion, Cilantro, Contains less than 2% of Spices, Salt, Garlic

Hash Browns, Shredded

Potatoes, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), and Dextrose.

Crispy Patty Hash Browns

Potatoes, Vegetable Oil (Contains one or more of the following: Soybean Oil, Canola Oil), Salt, Yellow Corn Flour, Potato Flakes, Dextrose, Disodium Dihydrogen Pyrophosphate (to promote color retention).

Honey

Honey.

Fresh Banana

Banana.

Jam, Strawberry

Strawberries, High Fructose Corn Syrup, Corn Syrup, Sugar, Fruit Pectin, and Citric Acid.

Jelly, Grape

Concord Grape Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, and Sodium Citrate.

Milk Chocolate Chips

Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (emulsifier), and Vanillin (artificial flavor).

Contains: milk, soy

Onions, Caramelized

Onions, Liquid Margarine (Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid [added to protect flavor], Artificial Flavors, Colored with Beta Carotene, and Dimethylpolysiloxane [antifoaming agent]).

Contains: soy

Pancakes

Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, may contain Malted Barley Flour, Enzymes, Ascorbic Acid), Sugar, Dextrose, Sodium Bicarbonate, Soy Flour. Contains 2% or less of the following: Canola or Soybean Oil, Partially Hydrogenated Soybean and Cottonseed Oils, Sodium Aluminum Phosphate, Monocalcium Phosphate, Nonfat Milk, Salt, Eggs, Buttermilk, Natural and Artificial Flavors, Caramel Color, Yellow #6, Yellow #5, Yellow #5 Lake, and Yellow #6 Lake.

Contains: egg, milk, soy, wheat

Sausage Gravy

Gravy Mix: [Modified Food Starch, Partially Hydrogenated Soybean Oil, Corn Syrup Solids, Maltodextrin, Salt, Bleached Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Sodium Caseinate, Yeast Extract, Palm Oil, Spice, Natural Flavors, Mono & Diglycerides, Annatto Extract, Caramel Color, FD&C



Steak 'n Shake Ingredient and Allergen List

Yellow #5, Silicon Dioxide (added less than 2% as an Anti-Caking Agent)], and **Sausage:** (Pork, Water, Salt, Spice Extractives, Sugar, Monosodium Glutamate).

Contains: milk, wheat, soy

Sausage Patty

Pork, Water, Salt, Spice Extractives, Sugar, and Monosodium Glutamate.

Strawberries (for Fruit 'n Yogurt Parfait)

Strawberries.

Syrup

Corn Syrup, High Fructose Corn Syrup, Water, Cellulose Gum, Caramel Color, Salt, Sodium Benzoate and Sorbic Acid (preservatives), Artificial and Natural Flavors, and Sodium Hexametaphosphate.

GRILLING OIL, FRYING OIL AND COOKING SPRAY

Liquid Margarine (for Grilling)

Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid (added to protect flavor), Artificially flavored, Colored with Beta Carotene, and Dimethylpolysiloxane (antifoaming agent).

Contains: soy

Frying Oil

Soybean Oil, Partially Hydrogenated Soybean Oil with TBHQ, and Dimethylpolysiloxane (an antifoaming agent) added.

Cooking Spray

Soybean Oil, Soy Lecithin (heat resistant), Silicone Dioxide, Water and Propellant (non-chlorofluorocarbon).

Contains: soy

MISCELLANEOUS CONDIMENTS

Butter, Salted

Cream, and Salt.

Contains: milk

Frank's Redhot Sauce

Aged Cayenne Red Peppers, Vinegar, Water, Salt, and Garlic Powder.

Half & Half

Milk, Cream, Contains less than 1% of each of the following: Sodium Citrate and Disodium Phosphate.

Contains: milk

Pepper

Black Pepper.

Salt

Table Salt.

Sugar

White Granulated Sugar.

Sweetener ("Pink Label")

Nutritive Dextrose, 3.6% Calcium Saccharin (28.8mg. per packet), and Calcium Silicate (anti-caking agent).

Sweetener ("Blue Label")

Dextrose with Maltodextrin, and Aspartame.

Contains: Phenylalanine



Steak 'n Shake Ingredient and Allergen List

Sweetener ("Yellow Label")

Dextrose with Maltodextrin, and Sucralose.

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